



# Wellbeing Workshops

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2026 Marine Planning Forum



# Engagement Overview

- 2023 Early Engagement **Tour**
- 2024-2025 Marine Planning Strategy **Surveys**
  - Targeted
  - Public
  - Organization
- 2025 Wellbeing **Workshops**

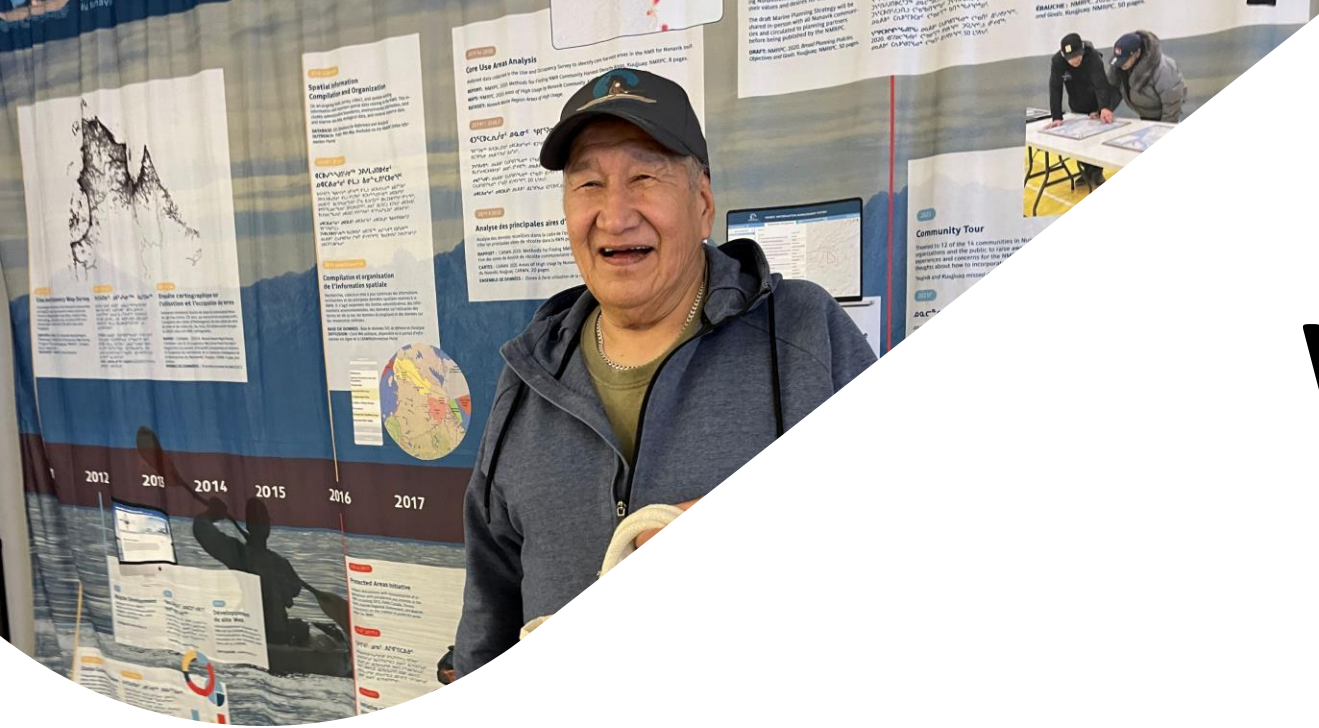




# NILCA and **Wellbeing**

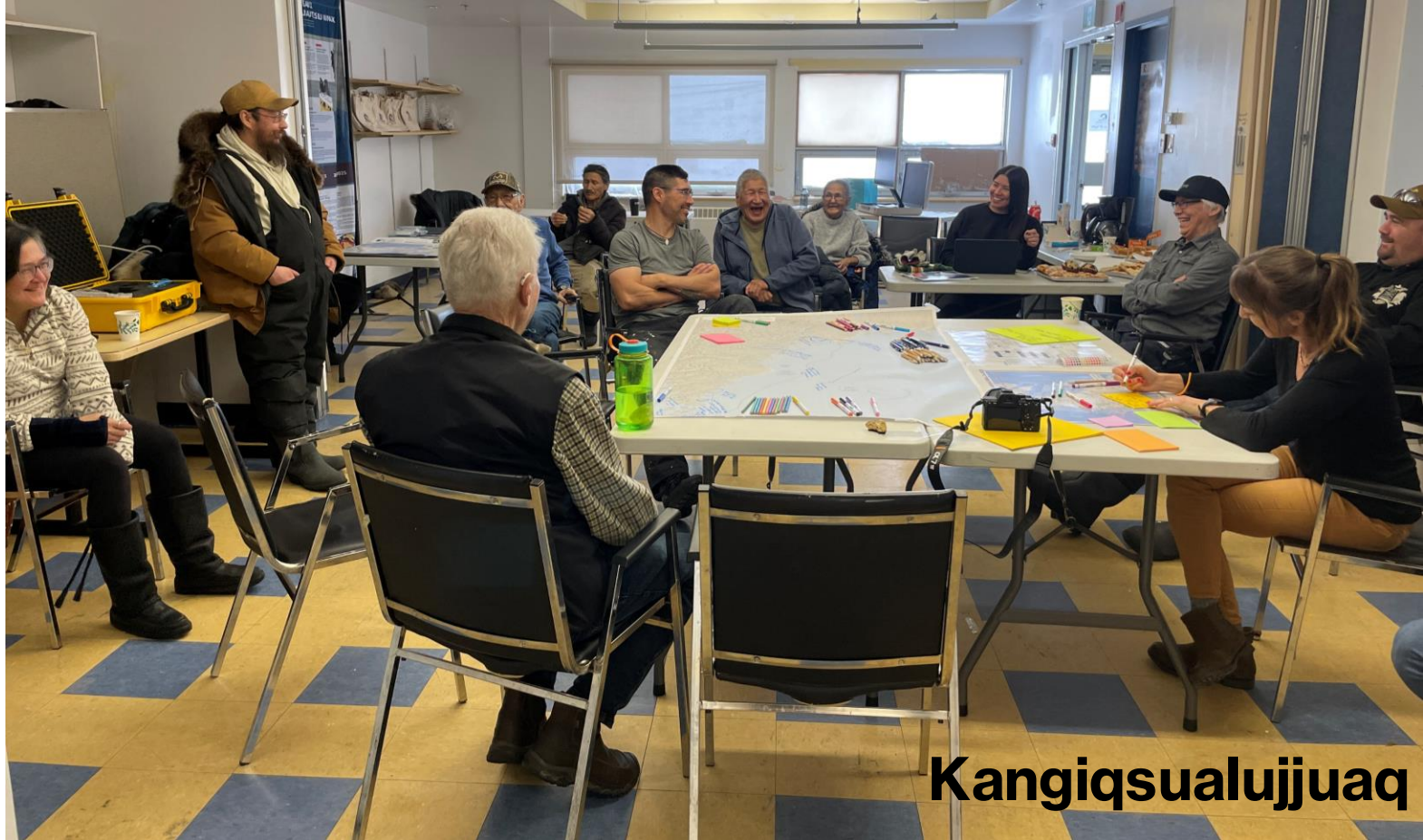
**NILCA Objective:** To encourage self-reliance and ensure the cultural and social wellbeing of Nunavik Inuit (NILCA 23.1.1(b))

**Marine Planning Purpose:** To protect and promote the wellbeing of Nunavik people and communities and those using the NMR, accounting for the interests of all Canadians, devoting special attention to Nunavik Inuit and Inuit owned lands (NILCA 6.2.1(b))



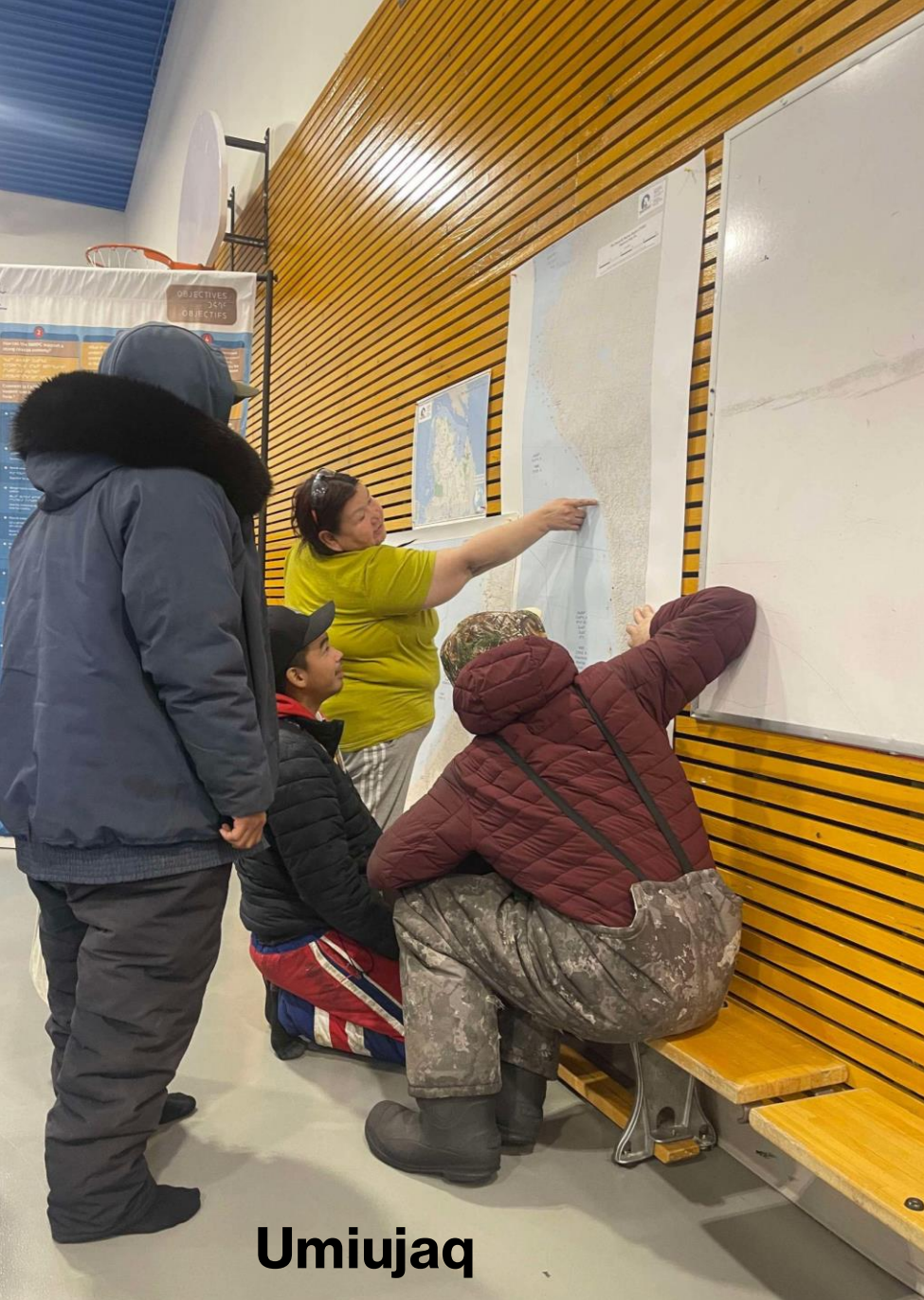
# Workshop Outline

- What makes you feel comfortable, happy, and healthy?
- What are challenges and opportunities?
- What is currently working well?



# Ivujuvik





Umiujaq



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# Questions?